

Teaching Excellence in Adult Literacy (TEAL): Strategy Instruction

Summary and Objectives

Audience: Adult Basic Education (ABE) instructors

Summary: Strategy instruction is a student-centered and research-based approach to teaching students how to learn. One of the most effective instructional approaches for adults with learning disabilities, strategy instruction centers on helping students to acquire the tools and techniques that efficient learners use to understand and learn new material or skills, integrate this new information with what they already know, and recall the information or skill later, even in a different situation or place.

Objectives:

- Define strategy instruction
- Describe the importance of using self-regulation strategies to help students improve their writing and math problem solving
- Explain how to incorporate self-regulation strategies into writing and math instruction in the adult education classroom
- Plan for integrating self-regulation strategies into your teaching

Course Logistics

Format: Facilitated, asynchronous, online

Estimated Completion Time: approximately 2 hours per week; 6 hours total

Expectations: Participants are expected to read and post at least once in each of the course discussion forums; submit the required journal activities; watch recorded presentations; read the background readings and resource pages of the course; set a goal for their professional growth; and complete assignments and the final evaluation. Download a Certificate of Completion upon successful completion of course requirements.

Course Topics

Let's get started

- *Journal*: Rate your knowledge: What do you know about strategy instruction?
- *Reading*: Face-to-face learning vs. online learning

What is strategy instruction?

- *Readings*: TEAL fact sheet on Self-Regulated Strategy Development, and articles on the power of strategy instruction across the content areas with a focus on writing and math

Strategy instruction: Let's put it in context

- *Video*: A Strategy for Teaching Summarization
- *Survey*: Do you assign written summaries to your students?
- *Video*: Strategy Instruction in Math
- *Forum*: What math problem-solving strategies are your students using?

Assignments: Choose one

- *General*: Explore self-regulated strategy development in greater depth
- *Writing*: Assign a written summary and reflect
- *Math*: Assign math problems and reflect

Self-assessment

- *Questionnaire*: Answer questions to test your knowledge—select writing or math self-assessment

Take time to reflect on your own goals and progress

- *Forum*: How can self-regulated strategy development help improve writing or math instruction?
- *Journal*: Set a personal teaching goal for incorporating strategy instruction into your classes

**For information on course availability,
contact the LINCS Professional Development Center at pdcenter@lincs.ed.gov**

<http://lincs.ed.gov>



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