

Description	Learner Factors?	What ?	Why ?	HOW? (Highlight/shade the EdTech Tool Option 1)	HOW? (Highlight/shade the EdTech Tool Option 2)	HOW? (Highlight/shade the EdTech Tool Option 3)	Connected research-based Strategies	Digital Skills
Prompt	Learner background knowledge, experiences, and	<i>What is the routine you would like to implement?</i>	<i>Why would an instructor use this routine?</i>	EdTech Tool Option 1	EdTech Tool Option 2	EdTech Tool Option 3	<i>Which research-based strategies does this</i>	Identify an applicable digital skill from the Seattle .
Sample: ABE/ASE Routine	Adverse experiences, sleep deprivation, motivation, and self-regulation	Use survey tools to support Weekly Goal-Setting and Reflection	Learning how to set achievable goals helps learners gain confidence in their learning. Regularly monitoring and reflecting on progress helps foster the growth mindset that can lead to life-long learning.	Create a "Weekly Goal Setting Form" such as this one (View Copy) using Google Forms	Kahoot!	Jamboard	Goal-Setting & monitoring , Purposeful Reflection , Self-Monitoring	Adapt to New Technology. Learning a new digital skill and regularly applying that skill helps to build on the tech experience, and also helps to strengthen engaging in self-assessment of digital skills. Prompts: Why do you think you were/ weren't able to meet your digital learning goals for this week? How might you adapt your next learning goal?
Sample: Beginner ESL Routine	Sense of belonging, primary language, working memory, background knowledge, disciplinary language	Use mind-mapping to build academic vocabulary by activating prior knowledge.	When instructors integrate the life experiences and cultural knowledge learners bring to the classroom, they help students leverage their background knowledge to better understand and relate to instructional content. Using accessible language helps learners understand concepts and contexts across the curriculum, and when content is more comprehensible learners feel included.	Kahoot!	Students use Jamboard to build a mind-map of new academic vocabulary	Peardeck	Accessible Vocabulary & Syntax , Cultural & Life Experiences Connections	Essential Foundations (Gateway Skills): Use the Mouse, Use Basic Browser Tools, Save & Find Documents. Leveraging Jamboard to build academic (digital literacy) vocabulary language provides students with opportunities to make connections between their background knowledge and lived experiences and new academic content. Regular practice provides students with opportunities to build the foundational skills required to use a device and participate online.