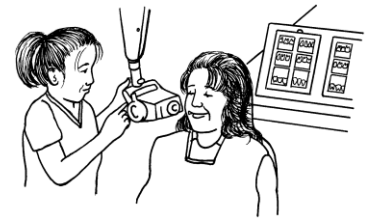


Pre-Reading Discussion: What happens at the end of a visit with a health professional? Do you usually get instructions to follow? What kind of instructions?

## Reading Passage Section 11: After A Visit To A Health Professional – Tests

To make good health decisions, you need to follow the health professional's instructions.

Health professionals may give you instructions about what to do after a visit. For example, a dentist may tell you not to eat for an hour. Your doctor may order tests after a visit. For example, if you go to the doctor because you hurt your knee, the doctor may order x-rays of your knee. You will then have to make an appointment and go to a hospital to get the x-rays. Usually the doctor's office will call you with the test results. Sometimes you will need to call the office to get the results.



After a visit, a doctor or dentist may tell you to come back in a few days or weeks. The doctor or dentist may also tell you to call the office if you are still sick or in pain after your visit.

A health professional may tell you to see a specialist. For example, your tests show that you have a problem with your heart. The doctor may tell you to make an appointment with a cardiologist, a heart specialist.

