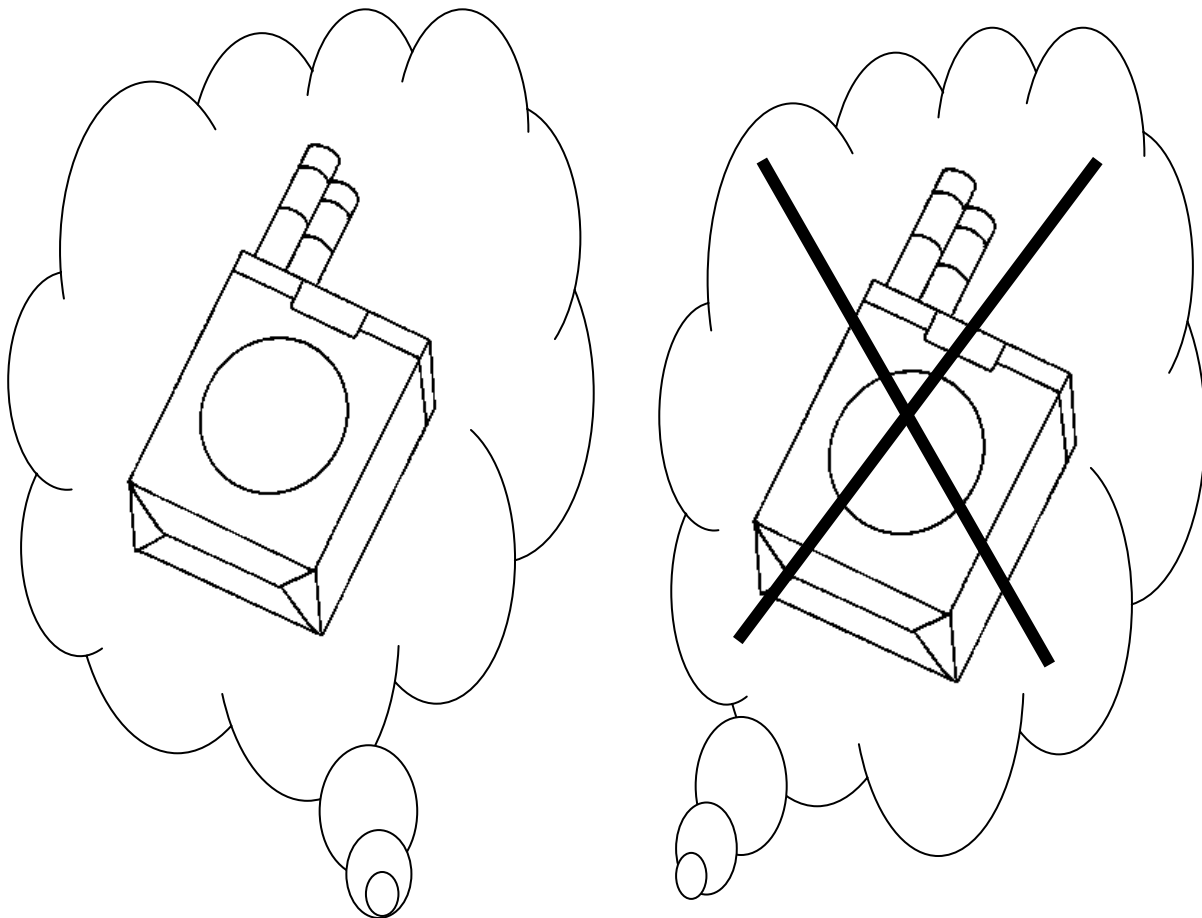


### GOOD HEALTH DECISIONS

not smoking



**GOOD HEALTH DECISIONS** continued

**more physical activity**



**GOOD HEALTH DECISIONS, continued**

**good nutrition**

