

HEALTH UNIT: SECTION 4
Self-Care and Non-Emergency Care

VOCABULARY LISTS

Directions: Check word meanings orally with students. Discuss meanings and give examples for any unknown words or concepts. Use graphics and Reading Passage -Section 4 to help clarify.

health problems

symptoms:

toothache

headache

backache

stomachache

earache

sore throat

runny nose

cough

fever -

above normal internal body
temperature

chills

dizzy

vomiting

frequent urination

diarrhea

painful urination

over the counter medications and supplies:

antiseptic

aspirin

Tylenol

Advil

cold medication

allergy medication

cough medication

bandage

ice pack

heating pad

joints: -

the joining or connection between
two or more bones, such as
shoulder, elbow, hip, wrist, knee,
ankle

Supplemental Vocabulary (words that may come up in oral discussions or activities)

motivation -	having the desire and willingness to do something
gung-ho -	(slang) enthusiastic
prediction -	a statement or claim about something that may happen in the future
sarcastic -	mocking a person, situation or thing
competent -	qualified or capable
non-prescription -	a drug or device that does not have or does not need a written order from a doctor