

**HEALTH UNIT: SECTION 4**  
**Self-care and Non-emergency Care**

**WORD FOCUS**

Directions: Students listen to the instructor pronounce a vocabulary word aloud three times while pairing the word with its picture. Ask students to orally identify the “beat” (syllable) that is the LOUDEST (stressed) and, if appropriate, they can circle the stressed beat below. Students then repeat the word aloud, putting emphasis on the stressed beat.

symptom      symp    tom

toothache      tooth    ache

headache      head    ache

thermometer    ther    mo    me    ter

dizzy          diz      zy

urination      ur      i      na      tion

diarrhea      di      ar      rhe      a

elbow          el      bow

bandage      ban    dage

over-the-counter    o      ver -    the-    coun    ter

Directions: Students listen to the instructor say a sentence aloud in a natural voice and see if they can recognize a vocabulary word (from the previous list) in the sentence. Do the exercise orally first, then, if appropriate, ask students to circle the vocabulary word in the printed text below. Students repeat each vocabulary word aloud and point to its picture.

Put the thermometer under your tongue.

Anyone can buy over-the-counter medication.

My little boy has a bad headache and a cough.

Maria put a bandage on her cut.

After she took the medication she felt dizzy.

My husband has had diarrhea for three days.

I can't eat because I have such a bad toothache.

Tell the doctor about all of your symptoms.

Directions: Students will listen for a target vocabulary word as the instructor reads the text aloud naturally, up to three times. Ask students to count how many times they hear the target word in each section. Then, if appropriate, they can listen again and follow along with the printed text. Ask them to circle the target word.

Target word: **ache**

I have a bad headache. I can't do my work. Is there anything I can take to make this headache go away?

A: What are your symptoms?

B: I have an earache in my right ear.

A: Are you dizzy?

B: No, just my ear aches.

Jin has a bad toothache. He took Tylenol for the pain. His toothache did not go away. He needs to go to a dentist.