

Instructor Page

These exercises provide practice reading and writing abbreviations for the days of the week. Begin with phonemic awareness activities (oral), then progress to written exercises A-D.

Listen to me say the names of the days of the week. After I say a day, I want you to repeat it, then hold onto just the first sound. Here's an example. If I say 'Monday', you repeat 'Monday' - /mmm/. /m/ is the first sound in Monday. I'll help you isolate the first sound if necessary. Here we go.

Monday (Students repeat "Monday" /m/)

Wednesday ("Wednesday" /w/)

Friday ("Friday" /f/)

Sunday ("Sunday" /s/)

Tuesday ("Tuesday" /t/)

Thursday ("Thursday" /th/)

Saturday ("Saturday" /s/)

Let's do that again, and this time let's print the letter or digraph that makes that first sound. (Repeat as above, and model printing in capital letters M, T, W, TH, F, S, and S.)

- A. *Sometimes you will see the days of the week abbreviated (made shorter) by printing the first letter, capitalized. If you saw 'S', what day could that be? 'S' could stand for Saturday or Sunday, so we need to add the next letter to tell them apart. (Elicit student help in determining that Saturday would be 'SA' and Sunday 'SU'.)*

*Using capitals, print the letter (or letters) that make the first sound in the day that I say. Remember, for Saturday and Sunday you need to include the first **two** sounds and letters.*

1. Wednesday 2. Friday 3. Sunday 4. Thursday 5. Tuesday 6. Saturday 7. Monday

Look at the capital letters you wrote. Say the name of the day that each one represents.

1. W = Wednesday 2. F = Friday 3. SU = Sunday 4. TH = Thursday
5. T = Tuesday 6. SA = Saturday 7. M = Monday

- B. *Sometimes you will see the days of the week abbreviated with a few more letters. Look at the chart for other examples of common abbreviations. You could use any one. They all work. (Go over chart with students. Note the tricky word 'Wednesday', which most people pronounce "Wendsday.")*

Look at these abbreviations for days of the week. Read them by saying the full name aloud.

1. W 2. Sat. 3. Tue. 4. TH 5. Wed. 6. SU 7. Mon.
8. T 9. Fri. 10. SA 11. Thurs. 12. Tues. 13. M 14. F

C. *I will say the name of a day of the week. Circle the correct abbreviation for the day.*

- | | | | |
|---------------------|-------|------|--------|
| 1. <i>Tuesday</i> | Thu. | TH | Tues. |
| 2. <i>Saturday</i> | Sun. | S | SA |
| 3. <i>Wednesday</i> | WD | Wed. | M |
| 4. <i>Monday</i> | Mun. | Mon. | W |
| 5. <i>Friday</i> | F | TH | Tues. |
| 6. <i>Thursday</i> | Tues. | T | Thurs. |
| 7. <i>Sunday</i> | S | Sun. | SA |
| 8. <i>Tuesday</i> | T | TH | Thur. |
| 9. <i>Saturday</i> | S | Sat. | SU |
| 10. <i>Thursday</i> | Tues. | TH | Thr. |

D. *I will say the name of a day of the week. Write any abbreviation you like for that day. When we are done, you will look at your list of abbreviations and “read” the full names aloud.*

- | | | | |
|-------------------|---------------------|------------------|---------------------|
| 1. <i>Sunday</i> | 2. <i>Wednesday</i> | 3. <i>Monday</i> | 4. <i>Saturday</i> |
| 5. <i>Tuesday</i> | 6. <i>Thursday</i> | 7. <i>Friday</i> | 8. <i>Wednesday</i> |
| 9. <i>Tuesday</i> | 10. <i>Monday</i> | | |

Student Worksheet

The Days of the Week

A. Print. Use CAPITAL letters.

1.____ 2.____ 3.____ 4.____ 5.____ 6.____ 7.____

B. Say the name of the day of the week aloud.

1. W 2. Sat. 3. Tue. 4. TH 5. Wed. 6. SU 7. Mon.
8. T 9. Fri. 10. SA 11. Thurs. 12. Tues. 13. M 14. F

C. Circle the correct abbreviation for the day you hear.

1. Thu.	TH	Tues.
2. Sun.	S	SA
3. WD	Wed.	M
4. Mun.	Mon.	W
5. F	TH	Tues.
6. Tues.	T	Thurs.
7. S	Sun.	SA
8. T	TH	Thur.
9. S	Sat.	SU
10. Tues.	TH	Thr.

D. Write an abbreviation for the day you hear.

1.____ 2.____ 3.____ 4.____ 5.____ 6.____ 7.____
8.____ 9.____ 10.____