

Intermediate Level Core Vocabulary – Alphabetical List

Vocabulary Word/Phrase	Health Literacy Section
Advil	2
alcohol	6
allergies	3
ambulance	1
antiseptic	2
appointment	2
aspirin	2
backache	2
bake	5
bandages	2
beer	6
biking	4
blood pressure	1
brand name medication	3
breaking a bone	2
broil	5
canned	5
chewing tobacco	6
chills	2
cigar	6
cigarettes	6
cleaning house	4
climbing stairs	4
clinic	1
cold and allergy medication	2
control weight	4
cough	2
dairy group	5
dental hygienist/dental assistant	1
dentist	1
diagnose your problem	1
diarrhea	2
dizzy	2
doctor/physician	1
doing yard work	4
dosage	6
drug groups	6
earache	2
emergency	1
energy	5
examine you	1
expiration date	5
family history	3

Vocabulary Word/Phrase	Health Literacy Section
fats and sweets group	5
feel good	5
fever	2
food packages	5
frequent urination	2
fresh	5
frozen	5
fry	5
good health decisions	5
good nutrition	5
government health program	3
grain group	5
grill	5
gums	1
headache	2
health insurance	3
health problems/symptoms	2
health professionals	1
healthy weight	5
heart attack	2
high blood pressure	4
high fever	2
hospital	1
illegal drugs	6
immunization	3
interpreter	3
joints	4
losing a lot of blood	2
lower stress	4
medical history	3
medication containers	6
medication information	6
medication label	6
medication warnings	6
moderate drinking	6
mouth	1
muscles	4
nurse practitioner	1
nurses	1
nutrition/diet	5
nutrition label	5
over the counter medications	2
painful urination	2
paramedics/EMTs	1
patient	1
pharmacist	1

Vocabulary Word/Phrase	Health Literacy Section
pharmacy	1
physical activities	4
physician assistant	1
pipe	6
playing basketball	4
playing soccer	4
prescribe medication	1
prescription	1
preventive checkup	2
protein group	5
pulse	1
recipe	5
reduce the risk of disease	4
resistance training	4
right size serving	5
running	4
runny nose	2
shots	1
side effects	6
sore throat	2
specialist	1
steam	5
stomachache	2
surgery/operation	1
swallowing poison	2
swimming	4
symptoms	2
teeth	1
test	1
tobacco	6
tongue	1
toothache	2
treat you	1
Tylenol	2
vegetable group	5
vomiting	2
walking	4
washing the car	4
weight	1
wine	6
x-rays	1

Intermediate Level Core Vocabulary – Sorted By Section

Vocabulary Word/Phrase	Health Literacy Section
ambulance	1
blood pressure	1
clinic	1
dental hygienist/dental assistant	1
dentist	1
diagnose your problem	1
doctor/physician	1
emergency	1
examine you	1
gums	1
health professionals	1
hospital	1
mouth	1
nurse practitioner	1
nurses	1
paramedics/EMTs	1
patient	1
pharmacist	1
pharmacy	1
physician assistant	1
prescribe medication	1
prescription	1
pulse	1
shots	1
specialist	1
surgery/operation	1
teeth	1
test	1
tongue	1
treat you	1
weight	1
x-rays	1
Advil	2
antiseptic	2
appointment	2
aspirin	2
backache	2
bandages	2
breaking a bone	2
chills	2
cold and allergy medication	2
cough	2
diarrhea	2
dizzy	2
earache	2

Vocabulary Word/Phrase	Health Literacy Section
fever	2
frequent urination	2
headache	2
health problems/symptoms	2
heart attack	2
high fever	2
losing a lot of blood	2
over the counter medications	2
painful urination	2
preventive checkup	2
runny nose	2
sore throat	2
stomachache	2
symptoms	2
swallowing poison	2
toothache	2
Tylenol	2
vomiting	2
allergies	3
brand name medication	3
family history	3
generic medication	3
government health program	3
health insurance	3
immunization	3
interpreter	3
medical history	3
biking	4
cleaning house	4
climbing stairs	4
control weight	4
doing yard work	4
free or low cost activity	4
high blood pressure	4
joints	4
lower stress	4
muscles	4
physical activities	4
playing basketball	4
playing soccer	4
reduce the risk of disease	4
resistance training	4
running	4
swimming	4
walking	4
washing the car	4
bake	5

Vocabulary Word/Phrase	Health Literacy Section
broil	5
canned	5
dairy group	5
energy	5
expiration date	5
fats and sweets group	5
feel good	5
food packages	5
fresh	5
frozen	5
fruit group	5
fry	5
good health decisions	5
good nutrition	5
grain group	5
grill	5
healthy weight	5
nutrition/diet	5
nutrition label	5
protein group	5
recipe	5
right size serving	5
steam	5
vegetable group	5
alcohol	6
beer	6
chewing tobacco	6
cigar	6
cigarettes	6
dosage	6
drug groups	6
expiration date	6
illegal drugs	6
medication containers	6
medication information	6
medication label	6
medication warnings	6
moderate drinking	6
pipe	6
side effects	6
tobacco	6
wine	6