

Section 2: Cloze Activity

Directions: Fill in the blanks with vocabulary words from the Reading Passage. There is a word box on the last page. First try filling in the blanks without using the word box.

Preventive Care and Self Care

Do you have regular _____ with your health professional even when you
1
are not having problems? If you do, then you are getting preventive health care. Checkups tell
2 _____ about your health. If they find a _____,
3
then they can help you.

During a checkup, a health professional will _____.
4
They may also do _____ that screen for medical problems. You may get
5
_____ to prevent flu, tetanus, hepatitis, and other diseases.
6

During a dental checkup, a _____ will examine your teeth, _____,
7
and tongue, and a dental professional will clean your teeth.

_____ care is more than having checkups. It's how you take care of yourself
9
between checkups.

Often people have things at home to _____ small health problems. You
10
may have bandages, ice packs, and heating pads in your home. Over-the-counter medications are
medications that you can buy without a _____. You can ask a
11
_____ which over-the-counter medicines to buy and how to use them.
12

Preventive Care and Self Care, continued

If your small health problem does not get better or gets worse after you try to treat it yourself, then you should talk to or see a _____.
13

If you want to see a health professional, you might have to make an appointment. When you have an _____, the health professional knows you are coming and will have
14
time to see you. If you can't keep your appointment, then you should call right away.

Sometimes you don't have to make an appointment. Some _____ let
15
_____ walk in and wait to see the health professional who is in the clinic that
16
day.

Word Box

doctor	shots	health professionals	patients
gums	problem	clinics	dentist
checkups	appointment	preventive	treat
prescription	examine you	pharmacist	tests

Section 2: Cloze Activity Answer Key

Directions: Fill in the blanks with vocabulary words from the Reading Passage. There is a word box on the last page. First try filling in the blanks without using the word box.

Preventive Care and Self Care

Do you have regular **checkups** with your health professional even when you are not having problems? If you do, then you are getting preventive health care. Checkups tell **health professionals** about your health. If they find a **problem**, then they can help you. Talk to your health professional about how often to have checkups.

During a checkup, a health professional will **examine you**. They may also do **tests** that screen for medical problems. You may get **shots** to prevent flu, tetanus, hepatitis, and other diseases.

During a dental checkup, a **dentist** will examine your teeth, **gums**, and tongue, and a dental professional will clean your teeth.

Preventive care is more than having checkups. It's how you take care of yourself between checkups.

Often people have things at home to **treat** small health problems. You may have bandages, ice packs, and heating pads in your home. Over-the-counter medications are medications that you can buy without a **prescription**. You can ask a **pharmacist** which over-the-counter medicines to buy and how to use them.

If your small health problem does not get better or gets worse after you try to treat it yourself, then you should talk to or see a **doctor**.

If you want to see a health professional, you might have to make an appointment. When you have an **appointment**, the health professional knows you are coming and will have time to see you. If you can't keep your appointment, then you should call right away.

Sometimes you don't have to make an appointment. Some **clinics** let **patients** walk in and wait to see the health professional who is in the clinic that day.
