

When To See A Health Professional

Directions: With a partner, choose one of the situations and plan a dialogue about it. Then present your dialogue to the class. (Optional: Write your dialogue.)

<p>1.a. You are <u>Maria</u>.</p> <p>During your phone call with Rosa, you share that you have not seen a dentist for over five years. You stopped going because the last time you went it was very painful when the dentist cleaned your teeth. Now you are afraid to go to the dentist. You also don't think you have any problems with your teeth, so you don't need to go.</p>	<p>1.b. You are <u>Rosa</u>, Maria's friend.</p> <p>You are talking to Maria over the phone about going shopping. You tell her that you have a dentist appointment for a checkup on Saturday morning and can't go shopping until after lunch. Maria tells you she hasn't been to a dentist for five years. You tell Maria how important it is to keep your mouth healthy. You try to convince her to see a dentist for a regular checkup.</p>
<p>2.a. You are <u>Jan</u>, Halina's husband.</p> <p>You found blood for the second time on the toilet paper after going to the bathroom. You told Halina. Now she is trying to get you to go see the doctor. You don't want to go because you are afraid of what the doctor will tell you. You don't want to hear that you have a serious problem.</p>	<p>2.b. You are <u>Halina</u>, the wife of Jan.</p> <p>Jan has just come out of the bathroom looking upset. When you ask what's wrong he explains that there was blood on the toilet paper. He tells you it also happened one day last week. You suggest that he go to the doctor, but Jan says no. You try to convince him to go see the doctor.</p>
<p>3.a. You are <u>Vanessa</u>, daughter of Minerva.</p> <p>You just called your mother, crying. You felt a lump in your breast last night while doing a self-exam. You do self-exams because your grandmother had breast cancer and you've always been worried that you might get it. Now you are too afraid to call the doctor.</p>	<p>3.b. You are <u>Minerva</u>, Vanessa's mother.</p> <p>Your daughter, Vanessa, just called and she is crying. She is upset because she felt a lump in her breast last night. She doesn't want to call the doctor because she is sure she has breast cancer. (Vanessa's grandmother had breast cancer.) You try to convince her to call the doctor as soon as possible.</p>
<p>4.a. You are <u>Dan</u>, friend of Tim.</p> <p>You are talking to Tim about the high cost of seeing a dentist. You do not go to the dentist because it costs too much. You don't want to go to the free dental clinic because it's too far away. You are worried that if you don't get dental checkups, you can get other health problems.</p>	<p>4.b. You are <u>Tim</u>, Dan's friend.</p> <p>Dan is concerned about not having enough money to pay for a dental checkup. You talk to him about other ways he can pay the dentist. You suggest that he go to the clinic where they have free and low cost dental treatment. You also talk about going to a dentist's office and asking for help with a payment plan.</p>