Information Gap Crossword Puzzle

Partner A

Directions: You are Partner A. Ask Partner B for the definitions of the down words in your puzzle. Do not look at your partner’s paper.

ACROSS
1. oils, cookies and candy
4. a healthy way to cook
9. eating and drinking things that are healthy for your body
10. it tells how long you can keep food
12. food from the six major food groups
13. Look at the ______________ to learn the number of serving sizes.
14. milk, yogurt and cheese
15. everything you eat or drink
16. broccoli, carrots, peas and green beans
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Partner B

Directions: You are Partner B. Ask Partner A for the definition of the across words in your puzzle.
Do not look at your partner’s paper.

DOWN
2. bread, rice, pasta and cereal
3. Fresh and frozen vegetables and fruits are healthier than __________.
5. healthy amount of food for a person
6. apples, oranges and bananas
7. Food nutrition gives you __________.
8. Nutrition labels are on __________.
11. Meat, fish, dried beans, eggs and nuts