

Section 6: Cloze Activity

Directions: Fill in the blanks with vocabulary words from the Reading Passage. There is a word box on the last page. First try filling in the blanks without using the word box.

Drug Use, Medication Warnings, Information & Dosage Directions

Preventive health care means making good decisions about your health. You need to know when drugs are safe and when they are dangerous

Major drug groups often include tobacco, alcohol, prescription medications, over-the-counter medications, and illegal drugs. The drugs in the major _____
_____ can change how your body works. Most drugs (tobacco, alcohol, prescription medications, and over-the-counter medications) are legal in the United States. However, cocaine and heroin are _____ in the United States.

People smoke tobacco (in cigarettes, pipes, and cigars) and chew tobacco. Health professionals say that tobacco may cause cancer. Health professionals also say that pregnant women should not use any _____.

For many people, moderate drinking of alcohol is not dangerous. The drink sizes for moderate drinking are 12 oz. (ounces) of regular beer, 5 oz. of wine, and 1.5 oz. of 80-proof alcohol. 80-proof alcohol includes whiskey, vodka, rum and gin. One drink each day for women and no more than 2 drinks each day for men is considered _____
_____ of alcohol.

A health professional must prescribe all prescription medications. A _____
_____ is a special form the health professional fills out and signs to order prescription medication. A pharmacist must have a prescription before selling you _____.

Anyone can buy over-the-counter medications. Often it helps to ask a health professional or a _____ about which medications to buy.

Prescription and _____-_____ - _____ medications have written warnings, information and dosage directions on the medication container, the medication label or on a separate piece of paper.

Drug Use, Medication Warnings, Information & Dosage Directions, continued

Medication warnings on the _____ or
 medication label tell you things about the medicine. For example, a _____
 _____ might tell you not to take a medication if you are using certain other
 medications.

Medication information on the medication container or medication label provides you with
 facts about the medication. For example, _____ will tell
 you about possible side effects. Side effects are what some medications can do to you. For
 example, a medication's _____ can be diarrhea or
 sleepiness.

Medication information also will give you an expiration date. An expiration date tells you
 how long you can keep the medication. After the _____,
 you should throw the medication out and not take it.

Medication directions tell you the dosage you can take. The dosage is how much of the
 medication to take and how often to take the medication. For example, the _____
 for some eye medications is to *put 2 drops of medication in each eye 3 times a day as needed.*

Word Box

generic medication	medication warning	illegal drugs
pharmacy	prescription medication	tobacco
drug groups	name brand medication	doctor
moderate drinking	medication container	side effects
over-the-counter	prescription	dosage
expiration date	medication information	pharmacist

Section 6: Cloze Activity Answer Key

Directions: Fill in the blanks with vocabulary words from the Reading Passage. There is a word box on the last page. First try filling in the blanks without using the word box.

Drug Use, Medication Warnings, Information & Dosage Directions

Preventive health care means making good decisions about your health. You need to know when drugs are safe and when they are dangerous

Major drug groups often include tobacco, alcohol, prescription medications, over-the-counter medications, and illegal drugs. The drugs in the major **drug groups** can change how your body works. Most drugs (tobacco, alcohol, prescription medications, and over-the-counter medications) are legal in the United States. However, cocaine and heroin are **illegal drugs** in the United States.

People smoke tobacco (in cigarettes, pipes, and cigars) and chew tobacco. Health professionals say that tobacco may cause cancer. Health professionals also say that pregnant women should not use any **tobacco**.

For many people, moderate drinking of alcohol is not dangerous. The drink sizes for moderate drinking are 12 oz. (ounces) of regular beer, 5 oz. of wine, and 1.5 oz. of 80-proof alcohol. 80-proof alcohol includes whiskey, vodka, rum and gin. One drink each day for women and no more than 2 drinks each day for men is considered **moderate drinking** of alcohol.

A health professional must prescribe all prescription medications. A **prescription** is a special form the health professional fills out and signs to order prescription medication. A pharmacist must have a prescription before selling you **prescription medication**.

Anyone can buy over-the-counter medications. Often it helps to ask a health professional or a **pharmacist** about which medications to buy.

Prescription and **over-the-counter** medications have written warnings, information and dosage directions on the medication container, the medication label or on a separate piece of paper.

Medication warnings on the **medication container** or medication label tell you things about the medicine. For example, a **medication warning** might tell you not to take a medication if you are using certain other medications.

Medication information on the medication container or medication label provides you with facts about the medication. For example, **medication information** will tell you about possible side effects. Side effects are what some medications can do to you. For example, a medication's **side effects** can be diarrhea or sleepiness. Medication information also will give you an expiration date. An expiration date tells you how long you can keep the medication. After the **expiration date**, you should throw the medication out and not take it.

Medication directions tell you the dosage you can take. The dosage is how much of the medication to take and how often to take the medication. For example, the **dosage** for some eye medications is to *put 2 drops of medication in each eye 3 times a day as needed*.
