
What Do You Do?

Directions: Decide what to do for each situation. There may be more than one thing you can do. Share your answers with the class.

1. You move to a new community. The health professionals you go to are too far away. *What do you do?*
 2. You go to a clinic for the first time. The nurse gives you forms to fill out. You don't have the information they want about your medical history and your family's medical history. *What do you do?*
 3. You go to the doctor for the first time. You have no health insurance. The receptionist asks how you will pay for the health services. *What do you do?*
 4. You went for a checkup and your blood pressure was high. The doctor wants you to return in one week and to take your blood pressure again. *What do you do?*
 5. You called the doctor because you had an earache. The nurse told you to take some aspirin. It's been two days and your ear still hurts a lot. *What do you do?*
 6. Your son has a bad cough. You go to the store to buy some medication. There are many different over-the-counter cough medications. You don't know which one to buy. *What do you do?*
 7. You made an appointment to see the dentist on Friday afternoon. Now you have to work Friday afternoon. *What do you do?*
 8. You need to take some tests at the hospital. You don't understand what the tests are for. *What do you do?*
 9. You have to take a test. You have instructions about how to prepare for the test. You don't understand the instructions. *What do you do?*
 10. Your doctor found a serious medical problem. You get a lot of information about the problem. You can't read the information. *What do you do?*
 11. You take a prescription to the pharmacy. The pharmacist tells you how to take the medicine. You don't think you will remember. *What do you do?*
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